

NOTICE TO ALL FOOD STAMP RECIPIENTS IMPORTANT — PLEASE READ

Effective October 1, 2000, your food stamp benefits were increased. This is because the United States Department of Agriculture (USDA) approved an increase in the coupon allotments, the Standard Utility Allowance (SUA), and the shelter deduction which are used in figuring your food stamp benefits. The SUA was raised from \$163.00 to \$170.00 and the shelter deduction was raised from \$275.00 to \$300.00.

You will get a notice about these changes and any other changes to your household status that make your food stamp benefit different than it was before.

If you think we made a mistake in figuring your October food stamps due to the new amounts for allotments and SUA you may ask for a state hearing, ***within 90 days of when you got this letter*** by writing to:

or you may call toll free: 1-800-952-5253. If you are deaf and use TDD, call 1-800-952-8349. When you ask for a state hearing, you must tell us why you think we made a mistake. You can speak for yourself at the hearing or you can have a friend, attorney, or other person speak for you, but you must get these people to help you. You may ask for free legal aid at a legal aid office in your area.

致所有糧食券領取者通告 重要 — 請閱讀

自2000年10月1日起，你的糧食券福利有了增加。這是因為美國農業部(USDA)批准了增加優待券配給額，用來計算你糧食券福利的標準水電費寬減額(SUA)及住宿處減除額。SUA金額已從\$163.00增加到\$170.00，住宿處減除額已從\$275.00增加到\$300.00。

你將收到通知書，告訴你這些改變以及其他一些使得你的糧食券福利不同於以前的家庭狀況的改變。

假如你認為我們由於配給額和SUA新的金額而算錯了你十月份的糧食券，你可以請求州聽證，請在收到這封信的90天之內寫信至：

或者你可以打免費電話：1-800-952-5253。假如你耳聾並使用聾者電傳機(TDD)的話，請打電話1-800-952-8349。當你請求州聽證時，你必須告訴我們為何你認為我們有錯誤。你可以在聽證時為你自已發言，或者你可以請朋友，律師或其他人為你發言，但是必須由你自己找這些人來幫助你。你可以在你地區的法律諮詢所請求免費的法律協助。